



# SWEET DREAMS

FOR YOU AND  
YOUR BABY

*Swaddler Instructions*



# SWADDLE INSTRUCTIONS

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## CARE INSTRUCTIONS

Wash before first use. Close hook and loop fastener before wash.

Machine wash cold. Gentle cycle. Do not iron. Do not dryclean.

Wash with like colors. Use mild detergent.



# WHAT IS SIDS?

Sudden Infant Death Syndrome (SIDS) is the sudden, unexplained death of a seemingly healthy infant younger than 1 year of age. The death usually occurs while the baby is asleep. Approximately 90% of SIDS deaths occur before 6 months of age, specifically between 2 and 4 months old. The cause of SIDS remains unknown. Though recent studies indicate there may be a biological predisposition that puts some babies at a higher risk.

Since the National Institute of Child Health and Human Development (NICHD) launched a nationwide safe sleep campaign in 1994, the incidence of SIDS has declined by more than 50%. Despite the successful campaign, SIDS is still the leading cause of death for infants less than a year of age, claiming the lives of approximately 2,000 babies a year. Help reduce your baby's risk of SIDS by taking precautionary measures.

- Sourced by the National SIDS Resource Center



## **WARNING!** **SUFFOCATION HAZARD**

**Babies can suffocate when placed to sleep on their stomach or are able to roll from back to stomach position. To reduce the risk of SIDS, place infant on his/her back to sleep unless otherwise advised by physician.**

To prevent risk of suffocation, do not allow fabric to cover infant's mouth or nose by securely fastening the Velcro. Always use a flat firm sleep surface. Keep soft objects and loose bedding out of sleep area. Always position baby on his/her back to sleep. Discontinue use if your baby begins to roll from back to stomach. Babies should be lightly clothed for sleep. Do not use on undersized infants. Discontinue use if any part is damaged.

SKU: SWD1PNKNATSNL  
SKU: SWD1PNKNATMNL

SKU: SWD1BLNATSNL  
SKU: SWD1BLNATMNL